

# Mental Health Mile

Date: June 27, 2009

The 16th annual Mental Health Mile will be held at Detweiller Park the morning of June 27. The Women's Run will begin at 8:00 a.m. followed by the Men's Run; a combined one-mile walk will start immediately after the races. Registration is \$15.00 if postmarked by June 13, 2009 and \$20.00 the day of the run/walk. Refreshments will be served to runners, walkers, and friends. Please plan to come walk or run with us, or cheer us on. Together we can make a difference in mental health services in our community.

**Complete this form and mail with your check to:**

NAMI Tri-County IL  
5407 N. University  
Peoria, IL 61614

Name \_\_\_\_\_ Age (as of June 27, 2009) \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_ Telephone \_\_\_\_\_

**Event:**

- 1-mile walk
- Women's open mile
- Men's open mile

**T-shirt size:**

- Small
- Medium
- Large
- X-large
- XX-large (\$3.00 additional)

**Release and Waiver:**

For and in consideration of my participation in the Mental Health Mile, I hereby for myself and my heirs release and discharge organizers/sponsors of this race, the facility, and all involved and their respective servants, agents, employees, officials and officers from any and all claims, demands, liabilities, loss, damage, and course of action of any sort, including attorney fees, for injuries sustained to my person and/or property incurred by reason of my participation or preparation for the above said event due to negligence of any other party. I certify that my participation in this event is free and voluntary. I have read and understand the forgoing Release and Waiver.

Competitor's signature \_\_\_\_\_

If under 18, parent's or guardian's signature: \_\_\_\_\_

Date \_\_\_\_\_